

SUMMER FRIENDS CAMP at Media-Providence Friends School 125 West Third Street, Media, PA 19063 610-565-1960

Please read this information carefully and review the appropriate portions with your camper prior to arrival.

Morning Drop Off

Children may be dropped off between 7:30 a.m. – 8:30 a.m. Drop off at the Fourth Street side of the school. Please park only in the row of parking spaces closest to Fourth Street in the lot at the corner of Fourth and Olive Streets during drop-off hours, and enter camp using the upper gate nearest the playground equipment. Staff will be on the playground to greet the children in the morning. Campers and parents must check in with the counselor(s) on duty to sign in.

Any changes in a child's daily pick-up routine requires a written note in advance from parent or guardian detailing the time of pick-up and designating who is authorized to pick up. Any notes from home should be given to the staff member on the playground or to the head counselor upon arrival in your camper's room.

Afternoon Pick Up

Pick up takes place at 3:00 at the Fourth Street side of the school using the upper gate nearest the playground equipment. Please only use the row of parking spaces closest to Fourth Street in the lot at the corner of Fourth and Olive Streets during pick up hours. Before leaving, campers must check out with the counselor(s) on duty by shaking hands and we must see the adult picking up to ensure that child is being taken by an individual authorized to pick up.

Campers who are not registered for Extended Day and are not picked up by 3:15 will be automatically enrolled for the afternoon and charged an Extended Day fee.

Extended Day

Our aftercare program runs from 3:15-5:45 each day and includes a variety of activities to keep campers engaged. Parents who pick up campers late (after 5:45) will be charged a late fee of \$1.00 per minute, rounded to the nearest 5 minutes. This charge is to be paid at the time of pick up. In case of an emergency in which you need to reach Extended Day staff during Extended Day hours, you may call the camp director at 484-802-8646.

Snacks and Lunches

Campers are required to bring lunch with a drink each day. Refrigeration is not possible, so an ice pack is suggested if the lunch needs to remain cold. Due to safety concerns, counselors are also not authorized to microwave lunches for campers, so we ask that you not send a lunch that requires

heating. Camp provides morning snack for all campers as well as an afternoon snack for those campers attending Extended Day.

Please complete the required health forms to ensure that camp staff is aware of any food allergies your camper might have. All camp staff will be notified of allergies and sensitive to those needs in the planning of snacks and other activities that might involve food.

Personal Items and Supplies

Campers should have the following personal items with them each day at camp. You may even consider leaving these items at camp during the week. Please label these items with the camper's first and last name.

Sneakers/Closed-toed sandals Change of Clothes (Pre-K and K campers) Water Bottle
Hair ties Sun Block

We ask that campers refrain from bringing other personal items such as stuffed animals (other than Pre-K and K campers) or toys to camp. They can be lost or damaged, or become a point of contention or distraction within the camp group. We pride ourselves on providing an engaging variety of games, activities, and hands-on projects at Summer Friends for all campers who attend.

Sun Block

Sun block must be applied to all campers prior to their arrival at camp. A container of sun block also needs to be included with the camper's other personal items and remain at camp. Counselors will periodically reapply sun block during the course of the day to minimize any risk posed by overexposure to the sun.

In the event your child requires special attention regarding sun block due to a particular sensitivity or skin condition, please notify the Director in writing so that appropriate arrangements can be made.

Medications

Should your child require either regularly scheduled or emergency medication, please make note of such on the required health forms, provide the medication as well as written instructions to the Camp Director on the first day of attendance. The Director will then ensure that the appropriate Counselor receives the medication.

Foot Wear

Although we recognize that flip-flops are among kids' favorite footwear in the summer, they are also the least secure and the most likely to fall off (also the most likely to be taken off). As a result, they are also the most likely to expose children's feet to injury. Please <u>do not</u> send your child to camp wearing flip-flops. Sandals with straps around the heel to hold them on are fine, and of course sneakers are great.

We also ask that campers wear sneakers or other comfortable walking shoes on the field trips. Sandals don't provide support and can become very uncomfortable after a day on one's feet (especially kids' feet).

Rest Time

Campers in Pre-K and K (3, 4, and 5 year olds) will have rest time each day beginning at about 12:30. Please send a sheet, blanket, and small pillow for use during this time. The counselor will send them home to be laundered at the end of each week.

Campers in this age group may also bring a small stuffed animal or other comfort item to use during rest time.

Swimming

We have water related activities on **Mondays, Wednesdays, and Fridays.** We ask that on those days all campers come to camp wearing their swimsuits and bring with them a towel and change of clothes.

Campers are not allowed to bring swimming aids or other flotation devices to camp for Splash time or Knowlton Swim Club. Campers may bring swimming goggles.

Swim lessons and free swim at Knowlton Pool are an important part of our camp program. The lessons in particular help to keep your children safe around the water. Swim lessons can be a source of anxiety for young campers. We know it's not easy, as a parent, to leave your children at camp knowing they are anxious. At the same time, you can feel confident that the instructors are well trained and will not make your child do anything he or she is not capable of doing (although they may not like to do it). As camp policy, we insist that campers participate in lessons. We do not insist that beginning swimmers jump off the diving board if they are afraid, although it is a good confidence builder once they learn they can go under water and come back up safely. Over time, the lessons build not only water safety skills but also self-confidence and most campers eventually overcome their anxiety and take pride in their accomplishments.

Field Trips

Campers must wear Summer Friends T-shirts on all field trips. This makes it easier for us to identify campers on trips and for him/her to see the counselors. We also ask that campers wear sneakers or other comfortable walking shoes on the field trips. Some trips may require a brown-bagged (disposable) lunch.

During field trips we will not visit gift shops. In addition to the fact that such visits take a tremendous amount of time away from seeing everything the zoos, museums, and other venues have to offer and, for us, it's also an issue of inclusiveness and equity. Not every family can afford to send money to purchase gift shop items and it is a core value of our camp that every child feels valued and included equally in everything that we do.